

## Important Note from Nurse Anne:

Dear Parents,

We, now have 7 cases of Doctor Confirmed cases of Influenza A, that I was notified of, ranging from grades 1<sup>st</sup> to 6<sup>th</sup>. If your child has any of the symptoms listed below please call your physician to ask their advice if a culture for testing for the flu may be necessary and a prescription for antiviral medication.

### Comparing Flu and Cold Symptoms

<u>FLU</u>	<u>Symptoms</u>	<u>Cold</u>
Sudden	<b>Onset</b>	gradually
High, usually over 100, lasting 3-4 days	<b>Fever</b>	rare or low grade 99.0
Prominent	<b>Headache</b>	occasionally
Often severe, lasting 2 to 3 weeks	<b>Aches/Pain</b>	light to mild
Sometimes	<b>Stuffy,Runny Nose</b>	Common
Sometimes	<b>Sore Throat</b>	Common
Can become severe congestion	<b>Cough</b>	Mild to moderate

- Please also remember that a student must be fever free for 24 hours without the use of Tylenol or Motrin, before they may return to school.
- If your student needs cough drops please provide a day's worth for your student to use. My supply is gone and my order won't be in for another week.

Nurse Anne